

Year Two

Lesson 1

Lesson length: 60 minutes

Unit title: My family and me

Lesson title: My family

Year
2

Learning Objectives

To identify different ways that families and individual members care for each other.

To be able to describe their family.

To understand that families are special.

Suggested Activities

Whole class discussion: what does the word 'family' mean?

Ask pupils to think about the members that could make up a family e.g. - mum, dad, step-parent, sister, foster-parent, uncle, nan, cousins.

Emphasise that everyone's family will be different, but it is the love and care that is given by families that is important.

Discuss that family members can sometimes change, for example a new baby, step-parent, half-brother or foster parents.

Read the story 'My Family, Your family' by Lisa Bullard which shows how families support one another.

- What do you think it means by "the people we belong with"?
- What different things do the family members do for each other?
- What do they all share with one another?
- What makes a family special – what characteristics might be present (love, care, respect)?

Whole class - Ask pupils to think about their own family and their special people, and what makes them special.

Activity - In pairs pupils ask each other to identify three things they like about their family.

Pupils to think about their own family and the time they spend together.

What do they do together?

- chores, shopping, mealtimes
- activities at home and outside
- maybe argue or disagree sometimes
- be there to support and look after one another
- adults protect and care for children

Share pupils' ideas. Recap the importance of family and that it is about the support and love that you get and give. Discuss that in families we may not always agree and that we have to work at the relationships we have. We may have to compromise and share.

Activity Ask pupils to draw themselves and one of the special people in their family doing something they enjoy doing together.

Debrief Highlight that all members are important regardless of age/gender. Ask pupils to finish the sentence stem – 'My family are special because'

Additional activity for comparison

Compare the story of Cinderella to identify how sometimes people can be mistreated in families

Optional extra story: 'My Brother'.

Relationships and Health Education

Learning Outcomes

Families and people who care for me

- that families are important for children growing up because they can give love security and stability.
- the characteristics of healthy family life, commitment to each other, including in times of difficulty, protection and care for children and other family members, the importance of spending time together and sharing each other's lives.

Mental wellbeing

- simple self-care techniques, including the importance of rest, time spent with friends and family and the benefits of hobbies and interests

Unicef Articles

Article: 3,5,8,9,10,12,13,14,18,19,20, 21,23

Resources

My Family, Your family - by Lisa Bullard

My Brother by Anthony Browne

Cinderella by Disney Book Group

Key vocabulary

Family
Different
Stepfamily
Adopted
Half-brother/sister
Names of family members (including home language terms where appropriate)
Love
Care
Support
Share
Protect
Care